Lejit, Jit Happens at the DIA, 2014

Micheala "Pro" (left): “What started me, what started me jittin’ was when I went to these recs, it was high school parties and I was in middle school. So, I was in a group called trio and we seen all these male—males jittin’ and stuff like that, battling, and I’m like ‘I want to learn that’. And—I they was trying to teach me the basics and I was just terrible, but I was determined to get it because it was like cut, it was so sweet to me. I was like ‘I got to learn how to do this and perfect it.”

Shakera "Shake" (right): “It kind of caught my eye a little back, I’d say in about 2005. I was with Dance Party and I seen a lot of the guys doing a lot of fancy footwork. So, everybody call it and immediately I wanted to imitate it because you don’t see a lot of female jitters.”

Micheala "Pro" (left): “I think jit reflects Detroit because it’s, like, it’s different. And I believe that Detroit is different from most. I believe that it’s, that Detroit is definitely different from most. And, like we had went to Atlanta and they don’t really know about jit there. So, once we went there, they was like ‘oh, you all from Detroit? That’s the, that’s Detroit stuff.’ So, it’s like it, the dance, speaks for itself when it comes to how it, like, reflects Detroit. That’s how I feel.”

Shakera "Shake" (right): “Jittin’ itself is—it requires a lot of energy. When you’re in the moment, you don’t really quite think about it. It’s kind of like letting loose so it feel good.”

Micheala "Pro" (left): “Yeah, it’s like—it’s like a whole bunch of just power come out of you and you just like ‘alright, let’s hit it whoo-whoohoo-whoohoo-whoohoo’ [laughter].”